



Criteria for Certification in EMDR

The applicant for the designation of EMDRIA Certified Therapist must meet the following criteria:

- 1) Completion of EMDRIA-approved basic EMDR training – Parts I and II
- 2) Licensed in field of study
- 3) At least two years' experience in the applicant's field of license
- 4) At least 50 EMDR sessions with at least 25 clients
- 5) At least 20 hours of consultation by an Approved Consultant in EMDR
- 6) Letter(s) of recommendation from one or more Approved Consultant(s) in EMDR regarding the applicant's utilization of EMDR while in the consulting relationship
- 7) Two letters of recommendation regarding the applicant's professional utilization of EMDR in practice, ethics in practice, and professional character
- 8) Completion of 12 hours of EMDRIA credits
- 9) Agreement to adhere to EMDRIA's Professional Code of Conduct.